

COCHRANE SYSTEMATIC REVIEWS FOR THE SELECTION AND IMPLEMENTATION OF PUBLIC HEALTH INTERVENTIONS

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Summary

Intervention is defined as a set of actions with a coherent objective to bring about change or produce identifiable outcomes. Public health interventions are intended to promote or protect the health or prevent ill health in communities or populations.

Which intervention to choose to solve the problem?

Evidence-based public health requires that health care decisions be based on the best evidence available. One way is to apply systematic review methods. In a systematic review, we search for and summarize studies that answer specific research questions. The studies are identified, assessed, and summarized by bringing a systematic and predefined approach. They inform recommendations for health care and researches. Public health practitioners, policymakers, funders and potential recipients can access the Cochrane Library in order to find high-quality systematic reviews to enable them to make informed decisions about whether or not to implement, or participate in, a specific intervention.